

Towards excellence:
Making small steps to achieve greatness

2024-2025 HIMSS NCA Chapter: Mentorship-Scholarship Program

September 26, 2024, 7-8:30pm

2024-25

HIMSS Mentorship-Scholarship Program Information Session & Webinar

**September 26, 2024
7:00 PM – 8:30 PM EST**

Presented by:

Michael Holmes, Chair, HIMSS NCA Mentorship-Scholarship Program

Raj Mayur, Lead, Mentors

Jasmine Kaur, Lead, Mentees

TBD, Lead, Scholarship

Dan Blum, Lead, HIMSS NCA Advocacy & Community Subcommittee

Preeti Ankush Committee Members



A recording of today's presentation will be available on the HIMSS NCA website: <https://nationalcapitalarea.himss.org/>

Agenda



Agenda

- Introductions
- Overview of HIMSS
- HIMSS NCA Chapter - Who We Are
- How to Get Involved
- Goals & Eligibility
- Overview of Mentorship-Scholarship Program
- Schedule
- Next Steps
- Frequently Asked Questions
- Q&A and Summary

Team Introductions:

- Mike Holmes
- Maria Gaboury
- Raj Mayur
- Jasmine Kaur
- Preeti Ankush
- Dan Blum
- Joan Bishop



HIMSS Overview

About HIMSS

The Healthcare Information and Management Systems Society (HIMSS) is a global advisor, thought leader and member association committed to transforming the health ecosystem.

As a mission-driven non-profit, HIMSS offers a unique depth and breadth of expertise in health innovation, public policy, workforce development, research and analytics to advise leaders, stakeholders and influencers from across the ecosystem on best practices.

With a community-centric approach, our innovation engine delivers key insights, education and engaging events to healthcare providers, payers, governments, startups, life sciences and other health services organizations, ensuring they have the right information at the point of decision.

HIMSS has served the global health community for more than 60 years, with focused operations across North America, Europe, the United Kingdom, the Middle East and Asia-Pacific.



The HIMSS NCA Chapter:

HIMSS NATIONAL CAPITAL AREA CHAPTER

About Events & Education Get Involved Professional Resources Advocacy & Community

Read the current **BLUM (Advocacy) Report**

More >

Welcome to the HIMSS NCA Website!

HIMSS NCA is the only **federally focused** chapter of the Healthcare Information and Management Systems Society (HIMSS), and is based in the Washington, DC metropolitan area. We are formally known as the National Capital Area (NCA) chapter. Our chapter currently consists of over 1,000 members who are passionate about health information management and the technologies that drive health information technology innovation. The National Capital Area Chapter of the Healthcare Information and Management Systems Society (HIMSS NCA) has a diverse membership spread throughout Maryland, Washington DC, Virginia, and nationwide. Our members represent hospitals, managed care organizations, vendors, integrated delivery systems, academia, non-profit healthcare organizations, as well as government agencies such as the Military Health System, Department of Veterans Affairs, Department of Health & Human Services, and other federal agencies with a healthcare focus.

For more information about our Chapter, please email nca.info@himsschapter.org.

Connect with HIMSS NCA on Social Media!

Join our Group on **LinkedIn** FOLLOW US ON **Twitter** Join us on **Facebook**

Interested in Volunteering?
Learn More Volunteering with HIMSS NCA

Sign up to get HIMSS NCA news and updates delivered to your inbox.
Join Our Email List

For Email Newsletters you can trust.

- 15 Sep Implementing an Electronic Health Record (EHR) Solution Within the Federal Government
- 20 Oct Cyber Threats in Healthcare
- 17 Nov Blockchain Opportunities For More Efficient Health Care



Additional information at <https://nationalcapitalarea.himss.org/>

Who We Are:

Health Information Management Systems Society (HIMSS) – National Capital Area (NCA) chapter

- Only federally focused chapter of HIMSS
- We are based in DC metropolitan area, with over 1,000 members nationwide
- Our members represent hospitals, managed care organization, industry vendors, integrated service delivery systems, academia, non-profit healthcare organizations, and government.
- We are part of the 57 HIMSS chapters across the United States including Puerto Rico, Canada, and India that serve a valuable role in bringing healthcare system professionals together in a local forum.

Our Mission:

Provide a healthcare related educational and professional development platform to our membership, and to further the transformation of health through the application of IT.

HIMSS is a global advisor and thought leader supporting the transformation of health through the application of information and technology. As a mission driven non-profit, HIMSS provides thought leadership, community building, public policy, professional/ workforce development and engaging events to bring forward the voice of our members.



The HIMSS NCA Board, 2024-2025

President

Maria Gaboury



President-Elect

Mandy Pechham



Immediate Past President

Joan Bishop



Secretary

Carol Miller



Treasurer

Nick Crismali



Mentorship & Scholarship

Mike Holmes



The HIMSS NCA Board, 2024-2025

Outreach & Coordination

Jessica Denman



Advocacy & Community

Alan Constantian



Programs

Nick Vass



Membership

Ryan Loving



Sponsorship

Suzanne Charleston



Communications

Adam Peters



HIMSS NCA Program Schedule for 2024-2025:



National Capital Area Chapter of HIMSS - Events & Education



HIMSS NATIONAL CAPITAL AREA CHAPTER

September 19, 2024

Defining the AI Roadmap in Healthcare IT



HIMSS NATIONAL CAPITAL AREA CHAPTER

October 17, 2024

Cybersecurity Through Multi-Party Environments



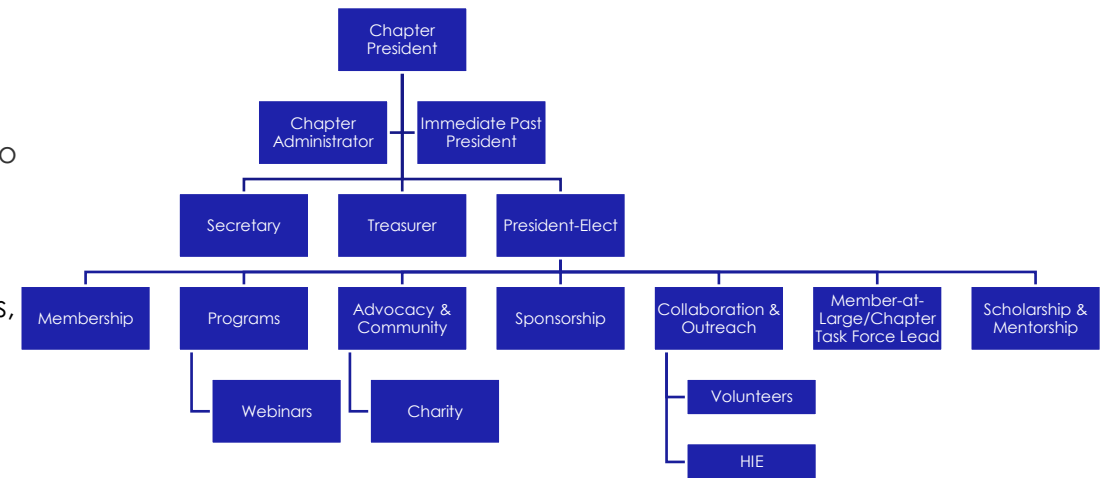
HIMSS NATIONAL CAPITAL AREA CHAPTER

November 21, 2024

Advancing Maternal and Social Determinants of Health in IT

How to Get Involved:

- **Become a member of the chapter**
- **Volunteer on any of our committees:**
 - **Programs Committee:** The most prominent committee of our chapter providing opportunity to engage in the design, development and execution of chapter's monthly events. Requires attendance of the Chapter monthly events and attendance of committee monthly calls. Reports to Programs Committee Chairs. Plans all webinars.
 - **Advocacy & Community Committee:** Assist with the collaboration between other chapters and HIMSS, to promote health IT in the region. Reports to Advocacy Chair.
 - **Charity Committee:** Support the organization of our charity events and activities, from membership outreach, on-site event support, and marketing material creation. Reports to Advocacy and Community Chair.
 - **Sponsorship Committee:** The Sponsorship Chair provides leadership to the Board and sponsorship committee by initiating and maintaining vendor relationships, developing sponsorship opportunities for the Chapter, preparing annual and event sponsorship plans, and enhancing member benefits through various sponsorship opportunities. Coordinate with other committees to ensure the Sponsorship Committee success (i.e. Programs, Charity, Mentorship, Marriott Logistics Liaison, etc.)
 - **Collaborations and Outreach Committee:** Assist with the outreach and collaboration activities, event management and engagement with collaboration partners. Manages volunteers.
 - **Mentorship-Scholarship Committee:** Participate as a mentee in the program (details to follow). Engage in federal focused events mining and research in support of the Web Chair's efforts. Reports to Mentee Leads.
 - **Membership Committee:** Focuses on increasing chapter membership.



To Register as a Chapter Volunteer, [Click here](#) to send the completed [questionnaire](#).

Mentorship- Scholarship Program

Goals – Mentorship-Scholarship Programs

Through advocacy, education and professional development, the HIMSS-NCA chapter promotes the development and improvement of healthcare information management as an essential contribution to quality patient care.

Mentorship Program: foster dialogue about the continually changing professional landscape of Health Informatics and Health Information Technology and support to students to enter the job market. We strive to provide students with real-world health IT understanding, promotes alumni engagement, and enhance students' understanding about career opportunities.

Scholarship Program: Provide financial assistance and recognition to students who are pursuing health information or systems management degrees, and are interested in helping to shape the future of the profession.

- **Mentorship Program Goals**

- Teach professional skills and behaviors (non – technical) that increase likelihood for career success in the health informatics and IT domain
- Develop peer relationships with individuals having similar career ambitions
- Create a knowledge sharing environment that advances understanding of health informatics and IT opportunities

- **Mentorship Program Eligibility**

- HIMSS NCA chapter members or student members
- Local senior year undergraduate and graduate students majoring in healthcare informatics and health IT- related degree programs





Mentorship Program Meetings

✓ 7 Group Meetings:

- October/November/January/February/March/April/May.
- Program Meetings will be held on the 3rd Wednesday of each month.
- Students should also attend at least three (3) HIMSS NCA chapter meetings (3rd THURS of each month) or events.
- No charge for students for program, but students must become a student member of HIMSS NCA.
- Following the program meetings students are expected to stay and attend the NCA chapter meetings with their mentors to enhance their understanding of the topic presented during the panel discussion.

✓ December Event

- Toys for Tots/Ugly Sweater Event – No Mentorship meeting, but **HIGHLY** encourage you to come and network!

✓ Additional worksite visits and virtual meetings:

- Mentors and Mentees are encouraged to frequently connect.
- Mentors are asked to introduce mentees to their worksite and/or facilitate tours with other work environments (*when possible*).

• Scholarship Program Goals

- Provide financial assistance and recognition to students who are pursuing health information or systems management degrees, and who are interested in helping to shape the future of the profession.
- The program awards three scholarships – one for each of the following 3 degree programs: graduate, undergraduate and associate's level.

• Scholarship Program Eligibility

- Active enrollment in a DC-Metro area accredited university fulfilling the requirements for a health information or systems management related degree,
- A grade point of 3.0 or better
- Active student membership with HIMSS; member of local HIMSS-NCA chapter.
- Applicant must be willing to participate as a volunteer on at least one HIMSS-NCA committee for one (1) year.



Application Requirements include:

- Submission of the HIMSS-NCA Chapter Scholarship Application Form
- Recent, official college transcripts, through the Fall semester 2024
- Two letters of recommendation, one of which must be from a current school official
- Note that recommendations are heavily relied upon during the evaluation process
- A short essay, approximately 500 words (2 pages) that addresses:
 - Why you have chosen this field? (1/2 page)
 - Why IM/IT is important to healthcare today? (1/2 page)
 - A discussion of a major issue facing the healthcare community today and how IM/IT can address the issue. (1 page)

*The application process for the scholarship is anticipated to commence in **Nov 2024**. Applications due **Feb 23, 2024**. Addition information to follow.*

Roles and Responsibilities

- **Mentee:**
 - Be an active participant and an active listener
 - Meet your deadlines
 - Assess your needs and set your own objectives
 - Undertake self-development tasks within a timeframe
 - Show initiative, be assertive about what you want
 - Be willing and able to look inward to identify strengths and weaknesses
 - Be open to your mentor's influence and ideas
 - Understand that the mentor is a busy professional
- **Mentor:**
 - Be accessible
 - Show initiative
 - Listen actively to the mentee
 - Promote responsible decision making
 - Motivate and support the mentee to achieve their goals



- **Scholarship Applicant:**
 - Start on application in the fall
 - Request recommendations early
 - Meet your deadlines
 - Assess your needs and set your own objectives
 - Work on the answers to required questions:
 - Why you have chosen this field? (1/2 page)
 - Why IM/IT is important to healthcare today? (1/2 page)
 - A discussion of a major issue facing the healthcare community today and how IM/IT can address the issue. (1 page)

Mentorship- Scholarship Program Calendar

2023-24 Mentorship-Scholarship Program Kickoff



Mentorship Program Kickoff & Pairing Exercise (aka Speed Dating)

- Get to know the Mentors
- Get to know other Mentees in the program
- Review Mentor & student bios
- Gather information on Scholarship program

Date/Time:

Week of October 10, 2024, at 5:30 - 8:00 PM

Location: TBD

HIMSS National, Wilson Blvd, Ballston Metro/Arlington



Group Meeting #2 – October 17, 2024

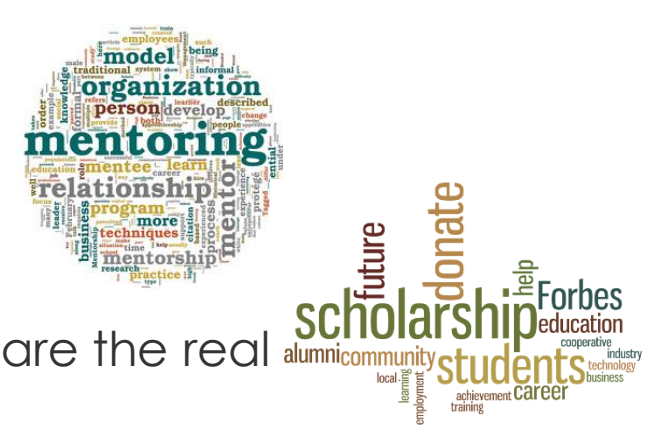
- **Agenda:**
 - Developing your Elevator Speech
- **Topic: Elevator Speech**
- **Speakers/Facilitators:**
 - Speaker will focus on honing your online presence and on-camera skills and how to develop a short sound bite as an introduction.
 - Social Media Presence
 - How best to leverage LinkedIn, Twitter, Facebook, etc. in the Health IT field
 - Lessons Learned and Best Practices for having a professional presence
- **Time:**
 - 4:30 - 5:15pm - Please be on time!
- **Location:**
 - LMI Building

Group Meeting #3 – November 21, 2024

- **Agenda:**
 - Current Health IT Topics''
 - Topic: Hot Topics in Health IT
- **Speakers/Facilitators:**
 - TBD – Speaker will focus on introducing some of the current Health IT topics.
 - Students will have the opportunity to discuss each topic in small groups.
- **Time:**
 - 4:30 - 5:15pm - Please be on time!
- **Location:**
 - LMI Building



Group Meeting #5 – February 20, 2025



- **Agenda:**
 - “Career Paths - Where you are and where do you want to go. What are the real opportunities”?
 - HIT Certifications
 - What are they?
 - Why are they important?
 - What do you need to know about each?
- **Topic: Navigating Your Career**
- **Speakers/Facilitators:**
 - We will invite local healthcare and health IT experts to speak about different jobs, skills, challenges and opportunities in both the government and private sectors.
- **Time:**
 - 4:30 - 5:15pm - Please be on time!
- **Location:**
 - LMI Building (Shuttle provided)

Group Meeting #6– March 20, 2025

- **Agenda:**
 - HIT Topic TBD
- **Topic: Hot Topics in Health IT**
- **Speakers/Facilitators: Guest Speaker TBD**
- **Time:**
 - 4:30 - 5:15pm - Please be on time!
- **Location:**
 - LMI Building



March Calendar Note

[HIMSS 2025 Global Conference & Exhibition](#)

Mon, Mar 3, 2025 – Thu, Mar 6, 2025

Las Vegas, NV

Group Meeting #7 – Mock Job Fair – April 2024

- **Goal:**
 - Apply skills learned throughout the program.
- **Eligibility:**
 - Mentees who have participated in 75% of program events.
- **Format:**
 - Face to face time with local HIT employers.
 - Dinner provided.
- **Time:**
 - TBD
- **Location:**
 - TBD



Group Meeting #8 – April 17, 2025



- **Topic:** Navigating the job application process: Fed, Industry, and Military.
- **Speakers/Facilitators:**
 - We will invite local healthcare and health IT experts to speak about different jobs, skills, challenges and opportunities in both the government and private sectors.
- **Time:**
 - 4:30 - 5:15pm - Please be on time!
- **Location:**
 - LMI Building

Group Meeting #9 – Graduation Dinner! – May 2024

- **Goal:**
 - Celebrate successes and pending graduations.
- **Eligibility:**
 - Mentees/Mentors who have participated in 75% of program events.
- **Agenda:**
 - Share experiences among Mentors and Mentees.
 - Provide lessons learned and value of experience.
 - Provide program feedback and suggestions.
- **Date/Time:**
 - TBD
- **Location:**
 - TBD (Tysons Galleria)



Mentee/Mentor Contract:

- **Purpose**
 - Document goals and objectives between you and your Mentor.
 - Mentee and Mentor leverages throughout program.
 - Signed by Mentor (in writing or electronically)
- **Due to Program Co-Chairs**
 - NLT October 25, 2024



Skills of an Effective Mentor



An effective **mentor** has been described as one who:

- M** – **M**anages the relationship
- E** – **E**ncourages
- N** – **N**urtures
- T** – **T**eaches
- O** – **O**ffers Mutual Respect
- R** – **R**esponds to the Mentee's needs



From Clutterbuck, David. (1985) *Everyone Needs a Mentor*. Institute of Personnel Management, Bugbrooke, UK.

Skills of an Effective Mentee



An effective **mentee** has been described as one who:

- M** – **M**anages the relationship
- E** – **E**xcited
- N** – communicates mentoring **N**eeds
- T** – **T**ries new ideas presented by mentor
- E** – **E**ngaged
- E** – is open to being **E**ducated in new ways



Derived from Mentor definition in Clutterbuck, David. (1985) *Everyone Needs a Mentor*. Institute of Personnel Management, Bugbrooke, UK.

HIMSS Mentorship-Scholarship Contact Information



Mike Holmes – Mentorship/Scholarship Chair Tel: (571) 303-9150 michael.holmes@microhealthllc.com	Joan Bishop – HIMSS NCA, President Tel: (571) 328-8784 joanmbishop@maximus.com
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Raj Mayur – Mentors Tel: (703) 789-3997 raj.mayur@cwconsulting.us	Dan Blum – HIMSS NCA, Advocacy Chair Tel: (703) 597-6981 danieleblum@aol.com
Cindy Crump – Scholarship Tel: (703) 627-5182 Ccrump@expr.net	Miryam Gerdine, Committee Member Tel: 571-866-4824 miryamgerdine@gmail.com

Thank you!